

SAMPLE RISK ANALYSIS & PROTECTION PLANNING PROGRAMME – 3 DAYS

Day 1:

Welcome and Objectives	15 mins
Introductions and expectations	45 mins
Programme & How Front LinE Defenders can help HRDs at risk	30 mins
Workshop Agreement	15 mins
Context Analysis	75 mins
Risk analysis - the risk formula	90 mins
Well-being and the most common psychosocial impacts and coping mechanisms	90 mins
Total time	360 mins

Day 2:

Assessing threats	90 mins
Actors Analysis	75 mins
Layered security	60 mins
Digital protection for non-experts	90 mins
Protection plans: the office and home	45 mins
Total time	360 mins

Day 3:

Protection plans for different threats	75 mins
Role-plays on different threat situations	105 mins
Completing your personal security plan	60 mins
Risk analysis for an organisation protection plan - the risk matrix	75 mins
Concluding remarks, closing exercise and evaluation	45 mins
Total time	380 mins